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Professor Abhiraja Rajendra Mishra Felicitation Volume

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GITA AND PERSONALITY DEVELOPMENT

Dr. Jagamohan Acharya

Introduction

One of the highest contributions of India to the world is sacred Gita. Arjuna got mentally depressed when he saw his relatives with whom he has to fight. To motivate him the Bhagavad Gita is delivered in the battle field Kurukshetra by Lord Krishna to Arjuna as counselling to do his duty. Gita is an oral advice with discussion in the battle field of Kurukshetra. The judgment of life management is broadly visualized in Gita. Development of all sources in the positive way is the fountain stone of a life.

Person-personality-personality development is up growing process. If the progresses are up forward then the development touch Dharma and that change our life in proper way. There are a large number of points under personality development. There are essentially four dimensions of the human personality such as physical, mental, intellectual and spiritual. A melodious growth of all these aspects constitutes the real personality. Body and mind is most essential elements.

Gita is not only a text; it is the life of a person. We expand our life from side to side by Gita because Gita has capable to demolish our internal and external darkness which is *ajnana*. The darkness is our *ajnana* (ignorance) and the light is our *jnana* (knowledge). We should drive out the darkness